

# SERVICE MEETING ANNOUNCEMENT

Today is No Menthol Sunday, the time of year when we have real conversations about ending addiction and getting poison out of our communities. Did you know that smoking still kills more Black people each year than homicides, suicides, AIDS-related death, car accidents and police brutality combined? Yes, tobacco is still our number one killer. Most teens and Black people who smoke choose menthols because the minty flavor helps make it easier to start smoking. It also makes it harder to quit smoking. Civil rights and public health advocates have been fighting for a ban on menthol for years.

Psalm 91:14 says, "because he has focused his love on me, I will deliver him."

Family, that is exactly what we'll do -- pray for our health and come together to eliminate menthol from our communities for good. After decades of delay, the FDA has finally committed to banning menthols and flavored cigars! This ban will help reduce addiction, help people quit, and keep our young people from ever wanting to pick up that filthy habit.

If you smoke but haven't talked to anyone about it, now is the time. We just want to pray with you, give you resources, and help you to find your way to freedom. We know it can take several tries before you quit for good. You can call 1-800-QUIT-NOW for free resources and coaching. Or feel free to contact me after today for more. Thank you.